



ALL THE RIGHT MOVES

Play 🎮 Train 🎮 Win



London Convention Centre and DoubleTree Hilton

April 20-22, 2018

FRIDAY, April 20, 2018

8:00am - 6:30pm	Registration & Information Desk Open
9:00am - 6:00pm	NCCP Workshop: Aboriginal Coaching Module <i>(Pre-registration Required)</i>
9:30am - 5:00pm	NCCP Workshop: Mentorship <i>(Pre-registration Required)</i>
3:30pm - 4:45pm	Coaching Success: Strategies for Building a Culture of Excellence Dr. Gordon Bloom – Director of the Sport Psychology Research Lab at McGill University
4:45pm - 5:15pm	<i>Networking & Nutrition Break</i>
5:15pm - 6:30pm	Athletic Movement to Athletic Dominance: Movement Techniques for Optimal Performance Clive Brewer – Toronto Blue Jays Asst. Director of High Performance
6:45pm - 8:15pm	Opening Keynote
8:15pm - 10:30pm	Welcome Social: Taste of London



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SATURDAY, April 21, 2018

7:00am - 5:00pm	Registration & Information Desk Open		
7:30am - 8:00am	Daily Kickstarter – Group Fitness Class		
8:00am - 9:00am	Breakfast		
9:00am - 10:00am	The Skill of Self-Confidence Dr. Ivan Joseph – Award Winning Performance Coach – Leadership and Cultural Transformation Expert – Ryerson University		
10:00am - 10:30am	Networking & Nutrition Break		
10:30am - 12:00pm	Measuring What Matters: 360 Athlete Development Matt Young	The One Second Advantage Brenley Shapiro	Overcoming Obstacles: #SheCanCoach
12:00pm - 1:30pm	Networking Lunch & Poster Presentations		
1:30pm - 3:00pm	Coaching the Z's: A New Generation of Athletes Glen Mulcahy	Speed OR Strength: Analytics to Training Plans Bruce Craven	
3:00pm - 3:30pm	Networking & Nutrition Break		
3:30pm - 5:00pm	The Inclusive Coach	Boosting Athlete Focus: Creating a Performance Mindset Mike Shaw	Everybody Plays: Techniques for Coaching Athletes with a Disability
6:30pm - 9:00pm	Evening Social		



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SUNDAY, April 22, 2018

7:00am - 2:00pm	Registration & Information Desk Open		
7:30am - 8:00am	Daily Kickstarter – Group Fitness Class		
8:00am - 9:00am	Breakfast		
9:00am - 10:00am	“All Work and No Play”: The Death of the Multisport Athlete: Matt Young – Executive Producer, The Cost of Winning Additional Speakers to be announced		
10:00am - 10:30am	Networking & Nutrition Break		
10:30am - 12:00pm	Why are Kids Quitting?	Movement Preparation: The New Way to Move	NCCP Workshop: Make Ethical Decisions <i>(Pre-registration Required)</i>
12:00pm - 1:00pm	Networking Lunch		
1:00pm - 2:30pm	That Little Voice Natascha Wesch	Energy Balls	
2:30pm - 3:30pm	Hungry for More: Leading the Way On and Off the Court Lisa Thomaidis – Head Coach, Canadian Women’s National Basketball Team		